

# GOLD WING ROAD RIDERS ASSOCIATION

## KENTUCKY DISTRICT

### NEWSLETTER

[www.gwrraky.com](http://www.gwrraky.com)



**FRIENDS FOR FUN, SAFETY, AND KNOWLEDGE**

August 2018

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**FROM THE DISTRICT DIRECTOR**  
**Rick and Elizabeth Broadway**



Greetings all, well It's that time again. BLAST! Time. This year is going to be a great one. Ice cream social on Thursday.

Kayla Woodson preforms on Friday night.

The District staff has been working very hard on giving you a great time. Now it's your turn to do your part by coming and having fun. They have worked hard for a year putting the Blast together. Let me tell you that is one tuff job. It gets harder and harder each year to get vendors find new fun things to do. Let's face it it's not the same as years past. Vendors are getting fewer and harder to find each year.

As a District we are looking to focus on more riding and on bike games, going way back to the start of GWRRA when the focus was riding and friendship. Getting together and having fun. We will be working on bringing back some fun that the District did many years ago. Like a Fall finally, focused on the ride and having good cheap fun for all. Getting together and enjoying time with old friends. So, let's get together at the Blast and hang out and talk about the fun you want to see happen.

**ASST. DISTRICT DIRECTORS**  
**Leah and Rick Cridlin**



August is a very busy month for us here in Kentucky. The Blast is just next week, August 16-18. Rick and I are looking forward to seeing everyone there. Please make sure to sign up to volunteer for your Chapter's time slot. It's a lot of fun visiting with others and making a difference here in our District.

I will add this, make sure that you attend sessions, play games and visit the vendors at the Blast. When you get involved you have so much more fun and meet some nice people along the way.

Don't forget your western wear on Friday. I can't wait to see everyone all gussied up for our Western Day.

Then next is Wing Ding.... how did all this come up so quickly? The KY District has been tasked with volunteering for the GWRRA store on Friday, August 31st. We need 8 people per shift, 8am - 11am, 11am - 2pm and 2pm - 5pm. If you are attending Wing Ding and would like to volunteer, please contact me ASAP. If you have never volunteered at Wing Ding, that is a bigger scale of fun, because you get to meet people from all over the world. Plus, you get an exclusive volunteer pin that is only give to those that volunteer at Wing Ding. You can try to catch us at home, 859-534-5292, or call/text my cell phone, 856-866-3173 or send me an email, [lmJusLeah@aol.com](mailto:lmJusLeah@aol.com).

**THE DISTRICT TRAINER'S CORNER**  
**Jeannie and Buddy McKenzie**



**DISTRICT RIDE EDUCATORS**  
**Bill and Susan Mucha**



## **Summer Riding Tips**

1. Keep yourself hydrated. Wearing the right gear is good, but you should always keep yourself hydrated. Readily sip water on your ride can use a Butler cup with a straw this way you can ride longer without stopping your bike.

It is also a good idea to carry an extra bottle of water, especially if you are planning Long rides. There is no substitute for H2O!

2. Avoid alcoholic and caffeinated drinks. When riding a motorcycle in summer, you should avoid drinking sugary drinks like juice and soda. It is also best to avoid caffeinated or alcoholic drinks.

Downing a bottle of cold beer might feel refreshing at first, but alcohol and coffee will increase the urge to urinate due to their diuretic properties, which means your body will lose a lot more water.

3. Watch out for signs of heat stroke and heat exhaustion. Your body can only take too much heat. The early warning signs of heat stroke are nausea, cramps, headaches, dizziness, fatigue, flushed or pale skin, and heavy sweating.

Fatigue is your number one enemy when riding in extreme heat. This is the reason why you should invest on summer motorcycle gear, so you can keep your composure even when you are constantly exposed to the sun.

You can easily overcome fatigue and prevent heat stress by drinking plenty of water. Don't wait until you're extremely thirsty before drinking water! Your body is losing a lot of water as you sweat, so you should do your best to replenish lost fluids before fatigue sets in.

If you feel any symptoms of heat stroke and heat exhaustion while riding, you should pull over and rehydrate as soon as possible. It is also a good idea to take a rest until your body recovers from dehydration.

Do not ride your bike when you feel weak, groggy, or disoriented!

### **COUPLE OF THE YEAR COORDINATORS**

**Allen & Lisa Merritt**



### **FROM THE MEPC**

**Jerry & Luanne Williams**



We hope you can join in all the fun at the KY Blast in Cave City, KY from Thursday, August 16<sup>th</sup> through Saturday, August 18<sup>th</sup>. Our games for both individual and the chapter challenge will be so much fun and will have the Wild Wild West Theme. We will have prizes!! We hope you can join us in all the fun, laughter and games!!

What a great opportunity to have fun and enjoy other chapters from Kentucky and surrounding states!! Also, what a great way to meet new members!

If anytime you have questions or comments, please never hesitate to contact us.

Jerry & Luanne Williams  
KY DISTRICT MEPC

Email: jerryandluanne@gmail.com

**VENDOR COORDINATOR**  
**Ray and Kathy Conrad**



Hello all

Hello hope all is well, we are looking forward to the Ky Blast, it is always a good time with lots of activities, to participate in, Rick and Liz, have put a lot of effort into the blast to make it a great time for all, so let's come out and support them, get involved and have a great time, there will be safety seminars, and games, Vendors we cannot forget that safety chrome, and a great concert for you to enjoy. I guess I will close for now see you at the blast, Ride Safe.

**DISTRICT COUPLE OF THE YEAR**  
**Steve and Jennie Knode**



Brother Ride 2018

Every year my brother and I try to make a ride together. It's a way to catch up, visit and re-connect since we've always lived a long way from each other since we left home. Sometimes we take our wives along. This year my brother Scott and his wife Janet planned a ride to North Carolina for the Brother Ride. They arrived at our house

from Houston on July 21 and spent the night here before we left on Sunday the 22nd. The forecast included rain that day as we traveled east. After lunch at a Mexican restaurant called Romo's in Crossville, TN the sky looked threatening. In fact, there were light sprinkles as we got back to the bikes. We made the decision to go ahead and suit up. We hadn't hit two stop lights leaving the restaurant when it broke loose. We felt smart having suited up BEFORE the rain. We traveled in rain off and on until we reached our evening destination of the Grove Park Inn in Asheville, NC.

The Grove Park Inn is a beautiful place to stay and we spent 2 nights there. We borrowed a car from a friend and toured the Sierra Nevada Brewery. The tour goes from you peeling and crushing hops to sampling some of the many beers they make there and in California. The facility is beautiful, well maintained and environmentally friendly. Get reservations for the tour early because they do book up.

We had initially planned to spend a couple of nights in Blowing Rock, NC but with the forecast of 60% chance of rain every day, Scott felt that we should stay farther south with less travel between stops and if the weather allowed, we'd get a ride in before or after it rains. It turned out to be a good decision. We arrived in Waynesville, NC early enough that we didn't get rained on. In fact, as a cold front passed by the rain stopped, the temperatures cooled down and the humidity dropped making the rest of the trip very enjoyable. We ate at the Sweet Onion restaurant in Waynesville that has very good food.

On Wednesday we were able to get some riding in and rode some of the Blue Ridge Parkway. Some very interesting clouds rolled over the mountain tops and some hung in the valleys to help you understand why the mountains were called the "Smokies". After having seen wild fires in the west, these clouds looked exactly like smoke. We also rode through Maggie Valley, a place many of you from Kentucky talk about.

We left Waynesville on Thursday and headed for our final home away from home, the Iron Horse Motorcycle Resort near Robbinsville, NC. We had all stayed there before so we were looking forward to using this as our base camp for some good riding. We rode through some nice country on the way.

On Friday the 27th we got serious about riding and left as soon as the fog lifted. We rode the Tail of the Dragon that morning. Riding the Dragon is common for riders in this part of the world but when we lived in Nebraska and I had my Dragon T-shirt on I got a lot of questions about what it was like riding "318 curves in 11 miles". Scott had an interesting ride there this trip. As he took off he came up on a County Sheriff's Deputy on a bike. Scott was very impressed with how well the officer rode the Dragon and at one point near the end the Deputy stopped, and Scott pulled over and visited with him. The officer had been riding this area for 14 years and he told Scott "You can



ride. Most people can't stay up with me." Scott said the officer ran 30 mph not only in the straighter stretches but also through the curves. Scott told him he only saw him hit the brakes 4 times and he said he usually doesn't hit the brakes at all except when there's on-coming traffic "because you never know", he said. One of the photographers parked along the Dragon taking pictures got one of Scott and Janet right behind the Sheriff's Deputy.



Smoky Mountain Scenery

Next, we rode the Cherohala Skyway. What a beautiful ride that was! Jennie kept saying, "I think we'll see a bear today."

We rode all day stopping at the Tapoco Lodge Resort for lunch. Scott and I had stayed there last year and the hotel's restaurant has seating right along a very nice mountain stream. The wives enjoyed the lunch and scenery.

After a full day of riding we headed back to Iron Horse and enjoyed the atmosphere of the resort that caters to motorcycles. The place was full, to be sure, but with our cabin along the creek we could get away from the hustle and bustle.

We parted ways Saturday morning at what was 7:30am CDT. Scott and Janet decided to go over the Cherohala Skyway on the way home and after we got home at 4:30 we heard about their excitement for the day. Scott texted me that while on the Skyway a bear ran out in front of them just a few bike lengths away. Scott locked up the bike throwing Janet up against him. The bear was moving away at about 45 degrees giving him a little more room to get shut down. I asked if his tires were screeching and he said they weren't. I asked if his new Harley had ABS and he said it did. I've practiced emergency stops with my 2006 Wing with ABS and it will flat stop on a dime without any screeching of tires, so I told him I'm sure his ABS worked and helped him avoid sliding tires. Jennie's premonitions were right. We didn't see a bear, but Scott and Janet certainly did.

We put 1,356 miles on the Wing on this trip and even though it was rainy at the beginning of the trip it ended very nice. We have decided to make more trips to the



North Carolina mountains, maybe this fall, maybe in the car. With the car we could take turns driving. I mostly saw the next curve coming up and didn't get to enjoy a lot of the scenery. But another bike trip will be nice and something to look forward to.

### **Special Article this Month**

This month we have two big events; the Blast and Wing Ding. Obviously, it would be great to visit them both. I certainly plan too. However, for many there is a choice to be made; one or the other. Either there isn't enough time off, or there isn't enough money, or there are other things you must do on an August weekend.

Wing Ding doesn't come close to us every year. Billings was too far. Grapevine was closer but very hot. Knoxville is just a 5-hour ride and lies in the shadow of the Smokies. If you want to ride the new Goldwing it will be at Knoxville. Knoxville will have more vendors, many classes you can take and some very good riding after hours. We don't know how long it will be before another Wing Ding comes so close to us.

The Blast is closer, cheaper, smaller and more intimate. You can visit during the day and sleep in your own bed if you choose or come and hang out by a campfire and re-tell your stories in hopes that someone hasn't heard them. We have a good selection of vendors including Mountain Man. There will be some classes to be sure including the Road Captains course and at least one your ACD hasn't selected yet. Fear not; it will not be boring.

The district needs your support more than national and you'll know a much greater percentage of attendees, so if you can only come to one come to the Blast. That way if you can convince your boss you have the Friday Flu you can always buzz down to Wing Ding for a day or so afterward. Whatever you decide, we hope to see you there making the most of your membership. There are hundreds of friends waiting to meet you.

Ride safe.

John Main

## NEWSLETTER EDITOR

Danny Drane



Good day folks and welcome to August.... ok I know it is the 10<sup>th</sup>, LOL. We have had in general a wet and wild weather riding season but let's hope most of that is behind us and we only have some heat to deal with for the balance of the season. As I sit here this early morning and contemplate this month, we have the Blast and Wing Ding at the end of this month and our riding season together as a district looks done. I want to take this space to encourage you to ride and include not only your chapters but advertise your rides to the district also.

As for the newsletter, let's keep those article's coming in and let's find some special things to write also. Been on a ride with your spouse and or friends that you enjoyed, send some pics or write something to encourage others.....and send it to me for inclusion here.

See you at the Blast, Bev and I will be there Friday for sure.....it is close we are not staying down in Cave City. We are discussing plans for Knoxville. Oh yeah, this is our reason for not staying.....

Bl.



Meet Sammy, our Toy Yorkie! This shot was taken in my computer room where we spend our mornings..... he is all about me until Bev gets up, then I am nothing but a dirt bag!

One more thing, Bev and I announce that she has retired from her full-time job. She is working a small contract till the end of the year and then we are done.

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Blast

## **KY CHAPTER GATHERINGS**

**Chapter A** Meet on the 2nd Saturday of the month at Mark's Feed Store, 6501 Bardstown Rd. Louisville, KY. 40291. Eat @ 11:00 AM and meet at Noon.

**Chapter C** Meet on the 3<sup>rd</sup> Saturday of the month at Roosters. 124 Marketplace Dr. Lexington, KY. 40503. Eat @ 11:00 am, Meet @ 12:00 noon.

**Chapter G** Meet on the 2nd Tuesday at the Dave & Buster's 781 Heights Blvd Florence, KY 41042 Eat @ 6:00 pm, Meet @ 7:00 pm

**Chapter H** Meet on the 1st Friday of the month at UK Extension Shelby County Office 1117 Frankfort Road Shelbyville, KY. 40065. 6:30 pm Social Time, Meet @ 7:00 pm.

**Chapter S** Meet on the 2nd Sunday of the month at Shoney's, 1046 Executive Drive, Elizabethtown, Ky. 42701. Eat @ 4:00 pm, Meet @ 5:00 pm.

**Chapter T** Meet on the 3rd Saturday of the month at Carriage House Ramada Inn Paintsville, KY. Meet @ 6:00 pm.

**Chapter Y** Meet on the 1st Thursday at Majestic Family Restaurant 700 S. 6th St. Mayfield, KY. 42066 Eat @ 6:00 pm, Meet @ 7:00 pm.