



Kentucky District Newsletter

August 2020

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Friends for Fun, Safety and Knowledge

Congratulations to...

Chapter H for winning the most Visitation Points for 2019-2020

And

Chapter G for winning the 2019-2020 Traveling Plaque

Former District Directors Report:

Greetings all! Liz and I want to say thank you to the District Staff and Chapter Directors for all your help during our run at District Directors. We would never have been able to run the District with all of you. We had our ups and downs over the years and had to make some hard decisions but hopefully for the better. We will miss some things about being part of the District Staff. Mostly we will miss the folks we worked with.

Our decision to step down was because we were planning our retirement move to Florida. Well as most of you know life tends to make some decisions for you. I had to have triple bypass surgery on July 8th and that has pushed back our move for a while. I am doing much better now and looking at least 6 months of recovery. I want to thank everyone for the prayers and well wishes. They really meant a lot to me and Liz. We know Rick and Leah will do a fantastic job and take the District to the next level. Please give them your full support and help make Kentucky a shining example in GWRRA.

We thank all the members for keeping our Kentucky District strong.

Rick and Liz Broadway

Former KY District Directors



District Director Report:

Rick and I are proud to be taking on the position of District Directors. We have a lot to learn and several things to consider during this time of Social Distancing.

The first thing we need to do is thank Bob Shrader and Jere Goodman for having the confidence in us to lead the KY District. Our hope is to continue to grow the KY membership, create a fun atmosphere at gatherings and assist the Chapter Directors in making the chapter gatherings the place to be. We know GWRRA has a lot to offer to its members, we just must find what clicks with them to maintain their membership.

Our members attend our gatherings for several reasons. For some it is the riding, some it is the social atmosphere and maybe for most it is the friendships that are made within the organization. GWRRA is about Friends for Fun, Safety and Knowledge, in KY we practice that motto.

We would like to recognize some of the District staff that are stepping down, Jeannie and Buddy McKenzie as the District University Trainers, Charles and Teresa Conn, Motorist Awareness Coordinators and Allen and Lisa Merritt the Couple of the Year Coordinators. We enjoyed working with you and appreciate all the time you donated to the district. We know you will continue to work within your chapters to keep KY moving in a positive direction.

We are in the process of building our District team and would like to welcome a new and a returning member. Roger Early has agreed to return as our Webmaster. Donita Nardi will be joining the team as our Newsletter editor. Welcome and we look forward to working with you.

Jerry and Luanne Williams are stepping down as the Membership Enhancement Program Coordinators. Luanne will be taking on a new role as the District Treasurer. Dave and Roxie Wilkinson are stepping up to the Membership Enhancement Program Coordinators. As of now the rest of the staff is staying in place. More details to follow in the coming months as we fill the vacant positions.

Lastly, we would like to thank Rick and Liz Broadway for their tireless efforts over the past few years in leading the KY District. We enjoyed working with you and we hope you are ready to enjoy your retirement!

Stay tuned for more information and announcements, we are going to have some fun, we promise!

Rick and Leah Cridlin
KY District Directors



Medic First Aid News (MFA)

Each year, thousands of children sustain eye damage or even blindness from accidents at home, at play or in the car. And most of these injuries are preventable.

August is Children's Eye Health and Safety Month, giving us an opportunity to highlight some best safety practices for preventing eye injuries in children.

Eye injury prevention at home

According to the American Academy of Ophthalmology (AAO), 90 percent of all eye injuries can be prevented by wearing appropriate protective eyewear. But there are many scenarios that could lead to a serious eye injury.

Follow these best practices within your home:

- Keep harmful sprays or chemicals out of reach and locked away.
- Use caution with common items that have the potential to cause injury, such as paper clips, pencils, scissors, wire hangers and rubber bands.
- Provide age-appropriate toys that meet national safety standards. Avoid toys with sharp points (e.g. arrows or darts).
- Have your child wear protective eyewear when helping with yard work, repair projects and other potentially dangerous tasks.
- Use safety gates at the top and bottom of stairs. Pad or cushion sharp corners throughout your home.
- Don't let your child play with non-powder rifles, pellet guns or BB guns.
- Don't allow your child near fireworks. Bottle rockets and other fireworks pose a significant risk of eye injury.

Preventing eye injuries on-the-go

When you leave home, you have even less control of your surroundings. Here are some precautions you can take to help minimize injury outside of the home:

- When playing high-risk sports, children should wear protective eyewear made of ultra-strong polycarbonate. The AAO states that most sports-related injuries for children aged 5-14 occur while playing baseball. Examples of other high-risk sports include basketball, water sports, boxing, hockey, paintball, racquetball, softball and lacrosse.
- Teach your child to be careful when approaching dogs outside of the home and cautious when interacting with familiar dogs. When small children (age 4 year and younger) are bitten by dogs, eye injuries occur about 15 percent of the time.
- When in the car, make sure children are properly secured in baby carriers and child safety seats. Store any loose items in the trunk or secure them on the floor. Any loose item can become a dangerous projectile in a crash. It's best to do a periodic projectile check of your vehicle and remove any items that don't need to be stored there.

Responding to an eye injury

If an eye injury occurs, seek professional medical care. A serious injury isn't always immediately obvious. And delaying medical attention could cause the damaged area to worsen.

When responding to a child's eye injury, don't touch, rub or apply pressure to the eye.

If an object has penetrated the surface of the eye, do not attempt to remove the object. Immediately activate EMS and place a protective cover over the injured eye (e.g. paper cup). Then, cover the uninjured eye with a pad or bandage. This will help prevent movement of the injured eye since both eyes move together.

Remember to use child-friendly communication techniques to help minimize the child's anxiety.

To learn more about responding to injuries in children, take a Pediatric CPR, AED and First Aid class near you.



District Vendor Coordinators

Hello

Hello all, well things start to get better and then it seems like we are back to square one with this virus, I do not understand why it is so difficult to wear a mask, do whatever it takes to get this virus under control.

Please keep Buddy and Jeannie in your thoughts and Prayers he is having some medical issues, also keep Rick Broadway in your prayers for a full recovery from his Heart surgery, it was great to see everyone at the park for the last meeting, I think Rick and Leah done a great job of planning this get together, maybe in the future we can have more meeting like this, also congrats goes out to all the winners of the Plaque and the visitation awards, great job,

Maybe next year we will get back to in person visits, I guess I will close for now, stay safe.

Until next time stay safe.

Ray and Kathy Conrad

District Vendor Coordinators



District Educator

Happy hot and humid August.

This month I am back stumping about the Levels program.

The next level in the REP Levels Program is Level II, Safety by Education, and is also referred to as Tour Rider or Tour Co-Rider. But what is education? The Merriam Webster dictionary defines it as: “(1a) the action or process of [educating](#) or of being [educated](#), (1b) the knowledge and development resulting from the process of being educated, (2) the field of study that deals mainly with methods of teaching and learning in schools”.

Wikipedia suggests “education is the process of facilitating [learning](#), or the acquisition of [knowledge](#), [skills](#), [values](#), [beliefs](#), and [habits](#). Educational methods include [teaching](#), [training](#), [storytelling](#), [discussion](#) and directed [research](#). Education frequently takes place under the guidance of educators, however learners can also [educate themselves](#)”.

When I look at the definitions above, I see two basic ideas; you are either giving or receiving. If you are the one giving, you are the teacher. While I have a large amount of facts and information in my head, I know I am not a teacher. I can tell you what I know, but that is not teaching. Teachers help us learn the information. They are incredibly special individuals that deserve a lot of appreciation and respect. But I am a student, a receiver of information. I have been asking questions to learn the answers since I can remember (how does a dog bark, where do babies come from, why does one turn the handlebars left to go right). I like being a student. I like attending seminars and courses that further my knowledge and understanding of the world around me, especially the physical world, and especially as it relates to motorcycling.

GWRRRA and other organizations offer seminars, courses, and training programs all designed for the student to learn. They are good sources of information, but they are only a starting point. Using the information learned is just as important as learning it. Education does not happen only in a classroom or other formal venue. Practice makes perfect. I make every ride a practice ride. I like to pick one specific thing and especially concentrate on it for that particular ride. For example, on my morning commutes to work, I will often work especially on smooth shifting techniques. On my evening commutes, I will specifically work on proper turning technique. The more I practice, the more I learn. The more I learn, the more comfortable I get with the motorcycle. The more comfortable I get with the motorcycle, the more I want to practice.

Richard Artmayer
KY District Educator



District Membership Enhancement Report:

Hi GWRRA Members,

As of August 1, 2020, we are stepping down as the KY District MEPCs. We have enjoyed working with this wonderful KY District as your MEPCs for the past 5 years.

We would like to introduce our new KY District MEPCs, Dave and Roxie Wilkinson Chapter S). They are looking forward to their new position and we know that they are going to do an awesome job for you and the state of Kentucky. We wish them the best and we know that we will always be available for any questions they may have.

Also, as of August 1, 2020, I (Luanne) will be your new KY District Treasurer replacing Sue Mucha. Sue did a wonderful job as the Treasurer and she will be missed.

The Kentucky District will always be available to assist you with any questions or comments that you may have and we look forward to the future!!

Jerry & Luanne Williams

KY DISTRICT MEPC

Email: jerryandluanne@gmail.com

**From GWRRA:**

The Recruiting and Retention segment of the Membership Enhancement Coordinator (MEC) position is not only important, but can also be a very FUN mission for the MEC. It not only strengthens the GWRRA organization, but also provides the MEC with the opportunity to assist the Chapter in becoming a vital, vibrant, and FUN place to be.

We are so very thankful for all of our Membership Enhancement Coordinators and we wouldn't be where we are as an organization without you! As members of the officer team, your efforts contribute to the recognition of GWRRA as the Gold Standard of motorcycle organizations.

District Newsletter-Couple of the Year

We heard somewhere that a few GWRRA events had to be cancelled. Is that true? YES!!...that you know. Most of you know it's been the normal practice in KY District to name the candidates for District Couple of the Year at the District Ride-in and the selection process for the District Couple for the coming year at the District Rally. That's worked well up until now...but then because of the Covid 19 Virus those plans came apart. Maybe by the time this newsletter is published we will have the information about whether we can select a District Couple for 2020-2021, or if we will be handling it a different way. Please stay tuned and there will be a decision coming. In the meantime...please take care of yourselves and others. Look for the good things around you, keep well, wear a mask and social distance. We want to see all of you as soon as we can!

KY District Couple of the Year 2019-2020

Asst District MEPC

Roxie and Dave



Former Couple of the Year Coordinators

We would like to thank Allen and Lisa for their time on District Staff as the District Couple of the Year Coordinators. We wish them continued success with their Chapter in Paintsville.



KY Dist Couple year Coordinator

Allen & Lisa Merritt

merritt1569@gmail.com

270 647 0624

Former District University Coordinators

Hello everyone. I hope all is well with you and your families. This has definitely been a quite a year so far with all the changes from the norm.

Working closely with University Trainers at all levels has afforded me the opportunity to grow not only as a trainer but also as a person. I am so grateful to be a part of the GWRRA University. Working in partnership with your peers and Officers, it has created and provided an environment in which the Members can benefit by being part of an educated, knowledgeable organization and the Officers can reach their full potential as volunteer leaders.

I want to take a moment and thank everyone for all your support you have given us as we took on the position of District University Coordinators. I have truly enjoyed the opportunity to serve in this capacity for Kentucky District. It has been an honor. I enjoy presenting and helping members learn. However, I have decided to step down from the position of KY District University Coordinator. We cherish the time we have spent with the members and staff and have learned so much. We intent to stay active as members. After all, we are family!

Take care and stay safe.

Jeannie & Buddy McKenzie

Jeannie & Buddy McKenzie



District Motorist Awareness

We would like to thank Charles and Teresa for their time on District Staff as the District Motorist Coordinators. We wish them continued success with their Chapter in Paintsville.

Charles and Teresa Conn



District Ride Coordinator

Hello folks hope you're staying cool and dry, and you're getting some riding in these days. Chapter Ride Coordinators, as things are opening some, if your Chapter does any rides, either supper rides or Saturday rides please send me the info. I don't need the number of people that attend, just the number of rides each month. I need them NO LATER THAN THE 8th OF THE MONTH so that I can pass them on up the line like before all this mess started. Enjoy getting out and riding, eating and socializing with friends even if you do it with a little distance.

Ride Safe and Stay Alert
Dan and Rita Bondurant



Your Kentucky District Staff

District Directors

Rick & Leah Cridlin

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District Educator

Rick Artmayer

Email: ky_rider_ed@yahoo.com

District Membership Enhancement Coordinator

District Couple of the Year

Dave & Roxie Wilkinson

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District Vendor Coordinators

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District Ride Coordinator

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District Newsletter

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The Kentucky Chapters

Note: [Due to Covid 19 chapters are not meeting at this time.](#) When meetings resume, there could be changes or limitations to the meeting space. Please contact Chapter Directors before visiting their chapter.

Chapter	Meeting Day	Time	Location
A	2 nd Saturday	11:00am Eat 12:00pm Meet	Marks Feed Store 6501 Bardstown Rd Fern Creek, KY 40291
C	3 rd Saturday	11:00am Eat 12:00pm Meet	Roosters 124 Marketplace Dr. Lexington, KY 40503
G	2 nd Tuesday	6:00pm Eat 7:00pm Meet	Dave & Busters 781 Heights Blvd Florence, KY 41042
H	1 st Friday	6:30pm Social Time 7:00pm Meet **Chapter decides where to eat after meeting**	UK Extension Shelby County Office
S	2 nd Sunday	4:00pm Eat 5:00pm	Shoney's 1046 Executive Drive Elizabethtown, KY 42701
T	3 rd Saturday	6:00pm	Carriage House Ramada Inn Paintsville, KY
Y	1 st Thursday	6:00pm Eat CST 7:00 pm Meet CST	Majestic Family Rest 700 S. 6 th St Mayfield, KY 42066

Convention/Rally Schedules

Due to the Covid 19 Pandemic all conventions and rallies have been cancelled. New or rescheduled events will be posted as information becomes available.

International GWRRA Team

Name	Position	Email	Cell Phone
Jere & Sherry Goodman	Directors of GWRRA	JereGood@aol.com	540-623-0447
Bob & Nan Shrader	Director's Assistant	floridadd@msn.com	352-424-0686
Bruce & Barb Beeman	Director's Assistant	Brucebeeman01@gmail.com	507-438-7063
Chantel & Francois Seguin	Director's Assistant	chantal@lesseguins.com	613-913-4578
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Mike & Barri Critzman	Directors of Motorist Awareness	itsawingthing@hotmail.com	760-486-3406
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Ride Safe

Be Safe

Practice Social Distancing

Check in on your friends and family

We can't wait to see you at the next gathering!

Team Kentucky