KENTUCKY ROAD RIDERS STATE NEWSLETTER



KENTUCKY

Inside Kentucky

Kentucky is Getting Ready to RIDE

April is the start of riding season and now is the time to get you bikes / trikes / riding vehicles ready for the season.

Steve Knode from Chapter Y Mayfield offered up a few things to think about this month. See what you think.

The days are getting longer, too, as we move from winter to spring. Earlier I'd have only a couple of hours of decent riding conditions before the sun started getting low in the west. And even though deer movements have slowed down, this is prime time for one, or more likely several, to decide to cross the road in front of me. But now my preferred riding time is getting longer with less need to push the ride in to "deer thirty".

I need to try harder this year to take an Advanced Riders Course this spring. It's been too long since I've had a tune up on my riding skills. An ARC in the spring is a great way to start the riding season.

If you bike needs any thing done to it before the serious riding season, you better get started. Honda shops get extremely busy as the weather warms up so now's the time to make an appointment for whatever you've been procrastinating on.

Our helmet's 5 years are up so I need to think about replacing them. I'm sure the label with the helmet's date doesn't say "best by" so this about the time when that plastic and foam liner start to get more brittle or break down providing less protection. There are new materials and construction techniques that I may look in to for our next helmets. It's hard to argue with a lighter helmet with more strength and comfort.

I've been carrying around a tire repair kit on the bike for several years so I should open it up and see if all of the components are still useable. If not, it would be like having a flat spare tire in you car. Not much help if you need it.

So, if it's spring, let's get serious about making sure the bike and our equipment are ready to roll.



Links of Interest

KY State: www.kyroadriders.org

Wing'D Rider

https:// wingdrider.com/

Inside this issue:

Directors Reports	2
State Educator	3
Recruitment	5
State COY	10
Ride-In Flyer	12
Blast Registration	14
KY Chapters	16

Page 2

State Directors Report



Rick and Leah Cridlin

Kentucky State Directors

2024 is only a couple of months old and I feel like a lot has already happened. I spoke about the Operations Meeting in last month's article, but had it submitted prior to the prom. What a night that was! I have to admit that I had no idea what to expect, and was a little skeptical to be honest. It turned out great and everyone really seemed to have a good time. You could see that on everyone's face. The food, atmosphere, music, and dancing were all fantastic, but the best part for me was the company of everyone present. Chapter visitations are off to a great start and I really enjoy seeing the pictures and comments posted on Facebook and in the various newsletters. I especially enjoy the interactions of chapters on rides and meeting for meals, etc. Enjoying each other, sharing ideas, and spending time on those beautiful machines is what this organization is all about.

Leah recently taught a CPR/1 st Aid Course to Chapter K and we were able to join in their planning meeting for the Ride-In. I was already excited about this event, but after hearing what they have in store for us, my excitement level got even higher. They will be unveiling the details in the not so distant future, and I was sworn to secrecy, so I will leave it to them to fill you in on the details. Leah and I stayed in the host hotel, The Holiday Inn Express and found it was really nice. It is also conveniently located near the campground, and only a few miles from the venue. Keep checking the State website for up to date information. Chapter life is one of the biggest benefits of membership in our organization. The beauty here is that you don't have to limit yourself to your home chapter. You are free to explore other chapters and participate with them should you see a trip or event that you are interested in. You can find out what is going on in other chapters by visiting them, reading their newsletter, or following them on social media, or by whatever method they use to communicate. I have said so many times that the more you participate, the more fun you will have. I have also found it to be so much better to experience the activities first-hand rather than listening to others talk about all the fun they've had. Let's all have a great and memorable 2024!

Stay safe and have fun!



Dan and Rita Bondurant

Kentucky State Assistant

State Assistant Directors Report

Well it's warm, then it cool, then it's raining, We are in Kentucky that's for sure!! Hope you have been enjoying these 70 plus degree days. Looking forward to the upcoming Ride In and seeing everyone. Speaking of seeing everyone Chapter Y is planning to visit Chapter K on Saturday. As every Spring the farm equipment will be getting on the road soon so watch out for them and the dirt/mud on the back roads. Ride Safe and Have Fun.

That's all from the West this month.

Page 3

State Educators Report



Rick and Kim Artmayer

State Educator

Throughout my whole life I have been told over and over to go faster, hurry up, or just get it done. When I got my first job with taxable income in 1984, one of the first criticisms I received was because I was trying to go fast. "The faster you go, the further you get behind" I was told, and yet it was also made clear to me that the time it took me to make pizzas during the dinner rush was nowhere near fast enough. Sometime around 2010, I was informed by my supervisor that if I never made any mistakes, I would never get behind in my daily work. But, he continued, you make mistakes when you hurry. Even outside of work, the little voice in my head would tell me to rake those leaves faster to leave enough time to clean up, eat dinner, do the dishes, catch my favorite show, and still get to bed on time.

I would start out sweeping the lawn just as fast as I possibly could to get the area clear of leaves. But every time I started fast, I would find myself perspiring and breathing heavily, I would get anxious to finish, and my energy level would be sapped in no time.

All these life experiences keep replaying in the back of my head. Until there is an epiphany, like the feeling you get during the last two or three moves completing a Rubik's cube. After working and working, trying countless combinations of moves, you can see you have the solution, and you complete the puzzle with every piece in place. This exact thing happened on the way back from the Virginia Rally. I am not exactly sure where or when, but it happened. And I realized that riding a motorcycle well is very much like working well. You must slow down to go faster.

When you "slow down to speed up," you allow yourself to take a steadier pace in exchange for a greater degree of control and focus over your work as a whole. The first set of twisties we came to on the ride home was a perfect place to test this idea. So, I slowed down. I worked to develop a rhythm of checking the GPS for the road ahead, checking the road signs, checking my speed, checking the road surface, and checking on my friends in the group behind me. I repeated this process over and over, turn after turn. I found that although I had started at a slower speed, I was getting down the road faster, more comfortably, and with less stress. Slowing down allows me to concentrate on everything I have learned in the Advanced Riders Course. I tried this when raking leaves. I set myself into a steady rhythm and focused on moving the rake one swipe at a time, steady and methodical. I found I can clear more lawn in less time with less fatigue, with plenty of energy remaining to move all the piles of leaves off of the lawn and into the woods.

Trying to work faster and faster ultimately will result in cut corners, missed details and lower quality, which often results in having to go back and redo what was done wrong the first time, lowering productivity. Focusing on only riding as fast as possible may result in data overload for many riders. To compensate, greater physicality is required, resulting in fatigue occurring early in the ride. More targets arriving faster increases stress and the likelihood of missing one or more. Missed targets may result in undesirable consequences, for which there is no do-over, and have a devastating effect on productivity.

Page 4

State COY / IOY Coordinators



Kent and Karen Risen

State COY Coordinators

March has roared in like a lion with a lot of stormy weather. Kent and I are hoping that means it will go out peacefully and quiet like a lamb, so we will have good riding weather coming up!! We were lucky enough to get a few nice rides in for February and some memorable Chapter visits as well. With it being double points month Chapter A had a nice attendance for visitations this past month. And we got to spend time with the mascots too!!

We visited Chapter G February 14th where the Mascots were available. Kent and I were delighted to see all the activities in the Mascot's books and how much fun the couples and individuals have been having with them. Our Couple of the Year, Debi and Tony, and our Individual of the Year, Chanel Blue, were both able to capture the mascots and bring them home to Chapter A. Notably, Chapter C's awesome couple, Tim and Jayne Ellen Mourning were also in attendance at Chapter G but even though they didn't have the winning mascot ticket they did have the winning ticket for the Traveling plaque. It was a remarkable win/win situation for both Chapter's A and C! Congrats to both Chapters!



Once both Mascots made it back to Chapter A, we were able to see them out and about at Chapter C's meeting in Lexington, Ky and then again at Chapter A's Lunch Ride to the Railroad Café where Chapter K pleasantly surprised us by meeting us for lunch. Both mascots have been in excellent company and are thoroughly enjoying themselves!! We eagerly anticipate more opportunities to see them out on the open road with our fellow riders.





Page 5

Let's Talk Recruitment

As I was preparing for a session with my training peers I was reading an article about how employees feel at work. My mind began to wander to our organization and how this applies to us at our chapter gatherings, dinner rides, state events, day trips and so on. How do your members feel when they are socializing with you? We are a social organization. We spend time together because we enjoy each other's company, riding, traveling and sometimes we socialize with each other outside the umbrella of the organization.

It is easy for a visitor or a new member to feel welcome, excited to meet everyone and to learn about the chapter and the organization at the first gathering they attend. But most importantly we need these visitors/new members to feel like they belong. We want our members to feel included and plan activities that make them want to come back and continue to be a part of this great organization.

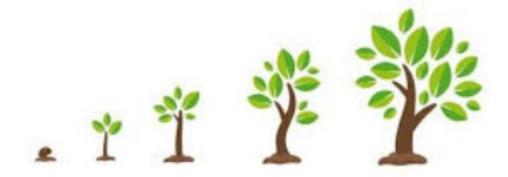
We need to provide consistent opportunities for individuals to get to know each other. We need to be authentic in our actions, we need to build trust and connections. When we meet the needs of our members they will feel that sense of belonging. Our members continue to participate because they are having fun and their social needs are being met. When that stops happening, the member stops attending.

Hopefully they are having such a great time, they choose to ask other friends to join in the organized fun. This is how we grow. Not every member is going to "gel" with each other. That is OK, we are all different and we bring different gifts to the group. Let's recognize each other for the gifts we bring and life experiences and not judge. Rick and I have made several friends from different walks of life in our time with this organization. I am certain of some of them, we would have never met otherwise. We are grateful for the connections and the life lessons we have learned and the gifts everyone brings with them.

What is your gift to the group? How do you plan to help your chapter grow? Have you worked on your recruitment plan since you left the Ops meeting? What song did you play at your last gathering?

Till next month friends....

Leah



Page 6



Bruce and Kathy Hensley

Kentucky State Ride Coordinators

State Ride Coordinator

Wow! The groundhog really saw his shadow this year. When he predicted an early spring he meant right now!! I am sure that many Chapters including Chapter K are really enjoying some much needed wind therapy. Bare in mind with your trip planning that it is still early spring, darkness creeps up on us much earlier; those balmy temps in early afternoon that we are enjoying so much quickly fade in the late afternoon. Shorter trips may be the best for now and remember to have additional layers in the trunk for early or late. The trusty rainsuit makes a great windbreaker.

INTRODUCING--The 2024 Blast Shirt



Page 7



Mike and Dedre VanHoose

Kentucky State MEC

State MEC Report

Can any of you believe the weather we are having? I have seen numerous bikes on the road during these warmer days and I am hoping to get out myself soon.

It is sooo good to see the chapters visiting with each other and hopefully the new riding season will contribute to even more visitation. As you travel, don't forget to have your passports signed! I personally would love to see 50+ members compete for the passport prize, and it's all up to you to make that happen.

Over the past months I have heard current members express concern about the quality or lack thereof of our national organization. I cannot force any of you to accept anything other than what you perceive as factual about the Wing'd Rider organization. Here is what I offer to you. Think back to the days when the GWRRA first began. It took them several years to bring that to prominence. All new things begin small and take time to grow and develop. Today, we are the Kentucky Road Riders. We are a part of the Wing'd Rider organization. This gives us a national organization that supports our chapters and states, all while giving us individually a place to gather and socialize. They do not demand from us like the GWRRA did. My hope is that you give the organization time to grow and mature, and in turn grow yourselves within our state. We have, as a state, set a standard for others. We are the only state where all our chapters agreed to become Wing'd Rider participants. We are the only state to continue the Membership Enhancement Program. We have set ourselves as unique among the others and I for one kind of like that idea. Your membership in Wing'd Rider gives you a chapter to associate with without any further requirements. Your membership is what you make of it! It is your chapter that supports you and provides you with the opportunities we all enjoy. In time, we will see growth and an ever bigger national rally that everyone wants.

For January, our Newsletter of the Month winner is Chapter G! Congratulations!!!!

Page 8



Mile Justice
Kentucky State IOY

State Individual of the Year

By now most folks have probably heard what a great time was had by those of us who attended the annual Kentucky Road Riders Operations Meeting and post-meeting event in January. I wanted to share a bit about my experience this year. I was NOT at all enthusiastic when the theme of "Prom" was announced last year. Being of a certain age, I barely remember my prom which tells me it was nothing special. Further, I did not particularly enjoy high school – dealing with lots of annoying, immature folks (yep, that's me now LOL), so I was not excited to harken back to those times. However, after talking with some other Chapter A members who were kind of getting into it and planning to make it their own, I decided to lean in as well.

I spent way more money renting a tux than I ever intended but dang if it was not a ton of fun getting all dressed up and partying with KRR! In contrast to my high school peers, I really like the folks in KRR and had such a blast laughing and dancing and acting a fool with them all! Even cleaning up after the event as part of State Staff was fun. This experience has definitely reminded me that having fun is really an attitude. Sure, there are things we each enjoy doing more than others based on out past experience, but if you embrace each opportunity with a positive attitude and view it as a unique opportunity to have a new or different experience, it almost always turns out better than you expect. So, I challenge each of us to lean into each new experience – you just might have one of the best times of your life!

State Pins and Patches



John Keiter
State Pins & Patches
Coordinators

Hello to all!

As I write this, it's 70 degrees.....mother nature is messing with us again.

Now's the time to make sure your bike is ready for a great riding season. Are YOU ready? Helmets, gloves, jacket, etc. Look stuff over and get new if you need it. Also, since we've gone from GWRRA to Wing'D Rider, make sure you replace things on your vest. Check with your Chapter Director or Pins'n'Patches Coordinator to get what you need. The state rally for TN is coming up, plus we have the Ride-In and the Blast as well. Don't forget the national rally in Litchfield!

Ride safe and wear your hearing protection

Page 9



Wing'D Rally #2—Litchfield FUN!!

WRRally #2 on-line pre-Registration & Schedule Information now LIVE at https://wingdrider.com/wingd-rider-rally-2024/wingd-rider-rally-2024-registration/ Pre-register early (as low as \$19.99) as the JMCorp Charity Dinner with live entertainment has limited seating. Also, each of the 4 Adventure Rides have a limited capacity.







Page 10



Dean and Lora Miller

State COY

State Couple of the Year

The word *frustrating* can be defined as "causing annoyance or upset because of an inability to change or achieve something". That's exactly how it's felt for us since February 1st because, per doctor's orders, there was to be no riding for 6 weeks. Normally that wouldn't be an issue in February but it ended up that there were quite a few great days of riding to be had. And while this past month hasn't been the best for us we always try to look on the positive side of things. For instance, the bike still needed to be readied for the up coming riding season but how could we get it into the shop if I couldn't ride it?

Well, Mike and Miles went out of their way to make it happen and we are extremely grateful that come mid March, fingers crossed, we will be all set to get back on the trike and hit the roads. Another positive in all of this is we have been lucky enough to follow along in the car with Chapter A on a few outings when the weather was perfect for riding which goes to show that although riding is a big part of what makes KRR so wonderful it's also hanging out with the friends you make along the way.

We are looking forward to a busy year spending time with every chapter and definitely can't wait to see what Donita has in store for this year's state challenge

We want to give a big thanks to the couples and individuals of the year for sharing all the marvelous pictures and keeping us up to date on Zeke's and Monty's big time adventures. They certainly seem to be having ball so far and it's only March!

Don't forget to show support for the COY/IOY program by picking up a few (or more) chances to win that really cool patio heater w/led lighted table. Get your tickets from your chapters COY or IOY.









GET THE SHIRT!!

Kentucky Road Riders now have a ride shirt! You can have it monogrammed on the right side of the chest with whatever you would like. Small to extra-large are \$14, and XXL are \$17. An added monogram will cost \$5. Shirts can be ordered at: https://blankstore.club/shop/ols/products/xn--gildan---dryblend-50-cotton50-poly-short-or-long-sleeve-t-shirt-vpcl You can also get it in a long-



For Sale

BRAND NEW DIAMOND SEAT a friend ordered a new Diamond seat, backrest and passenger backrest and rode for part of one day and didn't like it. He took it off and put his old seat back on. I can't believe it but he did lol. I'm on my 3rd Diamond seat and love them. This one fits the Gen 1 and he is only asking \$600 and that's CHEAP!!

Contact Dick Fraser

270-703-3874

Weider elec vest size 48 and a XXL Weider elec vest with sleeve chaps for sale!! Great condition asking \$75.00 each. Can bring to the Opps meeting on the 27th.

Contact Dan Bondurant 270-705-0307



Brand new ladies vest, size XL, with Gun Vest pocket. Asking \$30.

Men's size Large Goldwing Jacket, medium weight, asking \$10.

If interested, please contact Judy at:

judynorris2951@gmail.com

Wanna Ride?

All Riders and All Types of Bikes Welcome



Hosted by Chapter K, Henderson Wings An Affiliate of Wing'D Riders

MAY 31-JUNE 1, 2024 KRR RIDE IN

Join the Fun!

Join the Kentucky Road Riders (KRR) for their annual Ride In. Cost is \$30.00 per person, Wing'D Rider Members, \$25.00. Registration includes, guided rides, Friday night dinner, Saturday morning pancake breakfast, games, fun and new friends! Visit our website for registration form and to learn more about us. KRR is proud to be a state affiliate of Wing'D Rider.

Contact us on Facebook: Chapter K-KYWing'D Riders Henderson, KY

COURTESY, CONFIDENCE & CONNECTION



GUIDED RIDES

RIDING, FOOD, FUN & FELLOWSHIP

SELF-GUIDED RIDES

DOOR PRIZES

MEET OTHER
MOTORCYCLE
ENTHUSIAST FROM
KENTUCKY AND
SURROUNDING
AREAS!

KENTUCKY ROAD RIDERS

Hummingbird Hall 1040 Market St. Henderson, KY 42420 859-534-5292

www.kyroadriders.org

May 31 - June 1, 2024



Kentucky Road Riders 2024 KY Blast District Rally August 15 - 17, 2024

The Showroom, 2405 Lebanon Rd, Danville, KY 40422

70's Hippie Bash

Peace - Love - Motorcycles

Join Kentucky for our 2nd Rally with Wing'D Rider Vendors— Games - Wingo Couple/Individual of the Year Selection Daily 50/30/20 – IOY/COY Social Hour Chapter Challenges & Daily Rides There is really something for EVERYONE!

Accomodations:

Holiday Inn (859)209-2928 200 Shannon Way, Danville, KY 40422

Group Name: Wing'D Riders, KY Blast King&Double Rooms \$129.00 per night + tax

Hampton Inn (859)236-6200 100 Montgomery Way, Danville, KY 40422 Group Name: Wing'D Riders, KY Blast King&Double Rooms \$129.00 per night + tax

Chimney Rock Campground (859) 936-0271

220 Chimney Rock Rd Harrodsburg, KY 40330 **\$40.00 per night** (14 miles away)

Registration Information

Rider:	
	Exp:
Rider/Co-Rider:	
WING'D#	Exp:
Address:	
City/State/Zip:	
Phone:	
Email:	
State/Chapter:	
Miles to Rally:	One Up:Two Up:
*****Pre-Registration	on Ends on July 26, 2024****
	and STATISTICAL AWARDS, you
registration MUST be p	ostmarked by 7/26/2024.
Wing'D Member: \$35.0	00 x Total: \$
Non-Member: \$40.00	0 x Total: \$
2024 Rally Pin: \$5.00	x Total: \$
Is this your First KY Rally	y?
Is this your first Rally of	any kind?
**** Registratio	n after July 26, 2024****
Wing'D Memher: \$40 0	0 x Total: \$
	0 x Total: \$
	x Total: \$

Day Passes Sold on-site: \$20.00 Full Registration Fee Includes:

Ice Cream Social - RPM Academy Courses On Bike Games/Team Challenges

Statistical Awards are based upon Pre-Registration

Largest KY Chapter in Attendance by Percentage
Largest KY Chapter in Attendance
Largest District Outside of KY
Longest Distance 1-Up Male/Female
Longest Distance 2-Up Male/Female



Email a picture of yourself back in the 70's for some fun trivia!

kentuckyroadriderdirector@gmail.com.

Please answer the following trivia questions:

How old were you in 1970?
Did you own a motorcycle? If so, what type?
Who was your favorite music group?
What was your favorite TV show?
Were you team Disco or team Hippie?
What was your favorite Atari video game?
I/We agree to conform and comply with the ideas governing this convention and we further agree to hold harmless KRR, cosponsoring organizations or any property owner(s) for any loss or injury to self of property in which I/We may become involved by reason of/or participation in the convention. I/We agree to assume responsibility for any property which we damage or destroy. I/We have read and understand these terms.
Rider:
Co-Rider:
Date:

Friday Night Boogie Bash: August 16, 2024 6:00pm

Number attending _____ x \$25.00 each=____

Boogie Bash includes:

Dinner – Dancing – 70's Trivia Munchies & a Groovy Time for Everyone!

Registration Total:	
Friday Boogie Bash Total:	
Total:	

Make Checks payable to: Kentucky Road Riders Mail Registrations to: Rick and Leah Cridlin

> 1601 Drake Ct., Hebron, KY 41048 PH: 859-534-5292

Like us on Facebook:

Kentucky Road Riders

Visit our State Website:

www.kyroadriders.org

Page 15

Team Kentucky

		1	
State Directors	Rick and Leah Cridlin	kyroadriderdirector@gmail.com.	
Assistant State Directors	Dan and Rita Bondurant	assistant director@kyroadriders.org	
State Educator	Rick Artmayer	ky.de.educator@gmail.com	
University Coordinators	Jeannie and Buddy McKenzie	trainer@kyroadriders.org	
State MEPC	Mike and Dedre VanHoose	mepc@kyroadriders.org	
2023 Couple of the Year	Dean and Lora Miller	coy@kyroadriders.org	
2023 Individual of the Year	Miles Justice	ioy@kyroadriders.org	
COY Coordinators	Kent and Karen Risen	COY Coordinator@kyroadriders.org	
State Treasurer Jerry and Luanne Williams		treasurer@kyroadriders.org	
State Ride Coordinators Bruce and Kathy Hensley		ride_coordinator@kyroadriders.org	
State Vendor Coordinators	Ray and Kathy Conrad	rconrad@wkybb.net	
State Webmaster Roger Early		webmaster@kyroadriders.org	
State Pins & Patches John Keiter		pins patches@kyroadriders.org	
State Newsletter	Donita Nardi	newsletter_editor@kyroadriders.org	



Our Kentucky Chapters

Visitation is officially open! It's finally time to go see our friends again. We all now know how precious this privilege is. Let's get out and enjoy it.

KY -	MEETING DAY	TIME	LOCATION	WEBSITE
A	2nd Saturday	11:00am Eat 12:00 pm Meet	Roosters 10430 Shelbyville Rd. #7 Louisville, KY 40223	www.chaptera.org
С	3rd Saturday	11:00am Eat 12:00 pm Meet	Roosters 2640 Richmond Rd Lexington, KY 40509.	www.kybluegrasswing s.org/
G	2nd Tuesday	6:00 pm Social 7:00 pm Meet	American Legion Post 4 8385 US Hwy 42 Florence, KY 41042	www.chapterg.org/
K	lst Saturday	11:30 CST Meet 12:00 CST Eat	Diamond Echo Lanes 1698 Second St. Henderson, KY 42420	Www.facebook.com/ GWRRA Chapter K. Henderson KY
S	Check Cal- endar	https:// www.kyroadriders. org/events- calendar/	Shoney's 1046 Executive Dr. Elizabethtown, KY 42701	
Т	3rd Saturday	5:00 pm Eat 6:00:00 pm Meet	Giovanni's Pizza 261 Court St. Paintsville, KY 41240	www.facebook.com/ Gwrra-Chapter-KY-T- Big-Sandy-Wings- 128027183940433/
Y	lst Thursday	6:00 pm Eat CST 7:00 pm Meet CST	Majestic Family Restaurant 700 S. 6th Street Mayfield, KY 42066	www.freewebs.com/ yducks/

State Newsletter

Rick and Leah Cridlin
KY State Directors

Phone: 859-534-5292 E-mail: <u>kyroadriderdirector@gmail.com</u>, Ride Safe

Be Safe

Visitation is on!

We can't wait to see you at the next gathering!

WE'RE ON THE WEB! www.kyroadriders.org





Like Us

Please join/like the GWWRA of KY Member's Page on Facebook. Here you will get last minute information, news about upcoming events and chat with fellow KY members.

You will also learn about upcoming rides.